

SKILLWORKS
List of Assessments
(compiled by Amy Mazur, April 4, 2006)

Career Readiness

Career Planning & Development Questions
Readiness Survey

Interests

Self-Directed Search www.self-directed-search.com
Guide For Occupational Exploration

Values

Values Card Swap (game)
Values Survey
Values Card Sort (3x5 cards)
Guide for Occupational Exploration

Skills

Skill Survey
Holland –Based Skills Inventory

Personal Style

Personal Traits and Attitudes Exercise

Work Role

Life /Work Wheel

Work Environments

Work Environment Preferences Exercise

Decision-Making/Goal Setting

Previous Decisions Exercise
Applying the Career Decision-Making Model
My Goal Statement Chart

Time Management

Career Coach's Time Evaluation Exercise

Other

Prioritizing Grid